Ms. Gretchen Wheeler - School Counselor

What is a growth mindset? At Boyd we teach students to use a growth mindset when it comes to their learning. Much of learning comes from our mindset and the amount of effort we put towards it. This is also called perseverance or grit. Behind this is the idea that we are responsible for our own learning. We teach our students what they put into something determines what they get back. It is taking on a challenge with a positive outlook and overcoming obstacles along the way. Growth Mindset promotes independence and responsibility. These are skills needed throughout life to be successful. I have outlined key ideas for a growth mindset and mixed mindset. I encourage parents to carry this language over at home. This helps your child to become a life-long learner.

**Growth Mindset**

Growth mindset is the belief that you can continually improve your intelligence by hard work, determination, perseverance, and never giving up even when it becomes difficult.

It is the belief that we are meant to make mistakes because they help us learn and grow.

We embrace our mistakes, learn from them, and challenge them to improve.

To keep trying even when it gets hard and not give up.

To think you can always improve.

**Fixed Mindset**

A fixed mindset is the belief we are born with a set of skills that cannot be further developed.

They feel talent alone creates success without effort.

They spend time documenting their intelligence or talent instead of developing it.

To give up on something when it gets too hard.

The belief you can’t do something so you don’t try.
Warm Heart Wednesdays!

Student: Omega Jones  
Nominated by: Mr. Brown 4/16/19

Whether it is holding doors open for others, washing the lunch table, or greeting everyone with a “Hey, what’s up?” Omega exemplifies what it means to be a Boyd Beaver. Truly one of the most kind individuals you will ever meet.

Warm Heart Wednesdays!

Student: Esther Tial  
Nominated by: Mr. Pittman 4/22/19

Just about everyday when Esther gets off of the bus she helps her friend David to his class. No one asks her to do this, she does it because she is kind and helpful!

Boyd 5th Grade Recognition  
Where: Druid Hill Elementary  
4020 N. 30 Street  
in the gymnasium  
Date: Tuesday, May 21  
When: 10:00 a.m.