CLASSROOM SPOTLIGHT:
Miss Fisher ~ 4th Grade

The fourth graders in room 1 can’t believe we are already approaching Thanksgiving Break! We have been very busy these last few months and it seems time has just flown by! Over the last few weeks we have been setting goals for our MAP testing based on our scores from the Fall. We look forward implementing our plans for success, reaching our individual and class goals, and seeing our scores soar! In Reading we have been enjoying several stories about natural changes in our world. Our focus has been on identifying cause and effect relationships and drawing conclusions based on what the authors tells us. Our perseverance is really being put to the test in Math where we are tackling division. Overall, the school year has been off to a great start and we are excited to keep on growing together!

BOOK FAIR 2018
You are invited to our Scholastic Book Fair, an exciting, fun-filled event for students and families, scheduled from December 3-7th. Please stop by anytime between 7:00 A.M.- 8:30 am and 4:05-6:00 P.M. to find great books in an atmosphere of fun and literacy!

DONUT delay....shop our preview today! On Tuesday, December 4th, 7:00-8:30, enjoy a donut and be the first to preview the bookfair. You will be among the first to buy our great books. RESERVATION ONLY! (There will be a separate flyer with a reservation form.)

A special Family Event is planned for Thursday, December 6th, 4:05-7:30 P.M. which you won’t want to miss! We will have hourly drawings for prizes and other contests, a visit from Clifford, and Gingerbread Houses.

REMINDER!!
FAMILY LITERACY NIGHT TUESDAY, NOV. 20, 5:30-7:30 PM.
FREE BOOK TO EACH BOYD STUDENT THAT ATTENDS!
Come join us at Boyd Elementary for...

**LITERACY NIGHT**

Chapter 1
The When and The Where
Come to Boyd and don't be late. 5:30 p.m. - 7:30 p.m. on 20th of November the fun begins on Literacy Night!

All children that attend will get a free book!!!

**kids WHO READ succeed**

**MATH ROCKS**

1 + 1 = FUN!
Fun math activities for families to enjoy!

Boyd Elementary is participating in the One School, One Book program with the book 'There's Only One You' by Linda Kranz. In celebration, we invite all of our Boyd families to come paint a rock as unique as you are at our literacy night. All materials will be provided, and our rocks will be put on display to show future Beavers how special each individual at Boyd is!
Warm Heart Wednesdays!
Student: Eve Castro
Nominated by: Miss Garnett 10/17/18
I saw this young lady in Pre-K picking up paper towels in the primary girl’s bathroom without being asked. Thank you Eve for using your hands for helping!

APPROPRIATE ATTIRE:
The weather is changing, bringing with it the need for warmer coats, hats and gloves. Students will continue to go outside for recess as long as the weather permits. Be sure they are prepared for the outdoor temperatures during recess, and before and after school!
Thank you

PARENT SURVEY
Parents if you could please take the technology survey: OPS is again partnering with BrightBytes, an educational research and analytic organization, to learn more about our school’s technology use for student learning. BrightBytes looks at classroom factors, access to technology, teacher and student skills, and environmental factors. Please take the survey now.
Go to the following link and get started.
https://bbyt.es/start/V774C
OUTSIDE PLAY IS HEALTHY—EVEN IN WINTER!

“There is no bad weather—only bad clothing.” - Swedish saying

Did you know that in the Nordic countries (Sweden, Norway, and Finland) they not only have their children play outside most days of the year, but also have their infants nap outside? They believe that fresh air is essential to proper health and development. Of course, they make sure their children are dressed in layers, and in the case of sleeping infants covered in warm blankets, but even when the temperatures are below freezing, they make sure their children get plenty of fresh air.

In the United States, we can’t imagine having our children nap outside in the winter, but we can learn from our Nordic friends some essentials for good health—no matter what the temperature. Most experts agree that children playing outside in the winter is a healthy choice most days. Rarely are the conditions too bad to be outside. Check out the numerous articles available online re: playing outside in winter.

DO plan ahead and be safe: Don’t go outside in a blizzard, ice storm or when it’s very icy. Check the wind-chill: if it’s above 32, it’s safe to be outside, and even lower temperatures can be safe if dressed appropriately and breaks are taken every 20-30 minutes. Dressing in layers (a base layer, middle layer and top layer) and covering the head (including the ears) and hands (layers of thin and heavy gloves may be needed when really cold) will provide the body with the necessary insulation to have fun outside!

Here’s a top ten list of the benefits for outside play—even in the winter:

- Fresh Air is Healthy: It’s a myth that cold air causes colds or flu. Rather than fearing the temperature, think of the health benefits of fresh outside air as opposed to warm, germ-laden inside air where coughs and sneezes abound, and are often shared. The chance for spreading infections outside is less than inside.
- In fact, getting outside in all temperatures strengthens the immune system and helps to develop a resistance to allergies.
- Fresh winter air helps all ages to feel refreshed. It’s energy-producing!
- Playing while bundled up in warm clothing provides new opportunities for gross-motor development and obesity prevention. We use different muscles tromping through snow or shoveling or building snowmen than used during inside play. We move in different ways that makes us stronger.
- Playing while dressed in layers allows kids to problem-solve in different ways. When their bodies feel different, they have to think differently as to how to accomplish what they want to do. This develops problem-solving skills.
- Playing outside encourages creativity: Making snow mazes, ice forts, targets for snowballs, snow creatures or sculptures, etc. provide endless opportunities for creative play.
- Children learn to appreciate the changes in the seasons. They better understand how nature changes, and can learn to appreciate the beauty around them.
- Sunshine helps our moods. Shorter days of sunlight can affect mood, but being outside in the sun everyday brightens our moods.
- Sunshine provides Vitamin D. Vitamin D is absorbed into the skin from the sun, and provides numerous health benefits, including stronger bones and improved overall health. Just 10 to 15 minutes of outside sun exposure can provide your child with their daily dose of Vitamin D.
- Outside winter play provides many fond childhood memories. Sledding, ice-skating, and other outside activities are not only healthy— but will be remembered as special when looking back on one’s childhood.

So, bundle up, get outside and play! You may just have the healthiest and happiest winter ever!

Mrs. Bross, RN